

### SEA QUEST

Is a two week sailing expedition around the most beautiful and famous islands off the Italian coast. Our program

introduces 14 - 17 year olds to the magic of sailing and core nautical skills while voyaging along one of the Mediterranean's most idyllic coastlines.

Sea Quest combines on board sailing adventures with onshore cultural excursions. Students live aboard 50 foot yachts working together as a close-knit crew to develop communication and leadership capabilities while practicing sailing skills under the careful guidance of certified and licensed instructors.

## Program and Activities

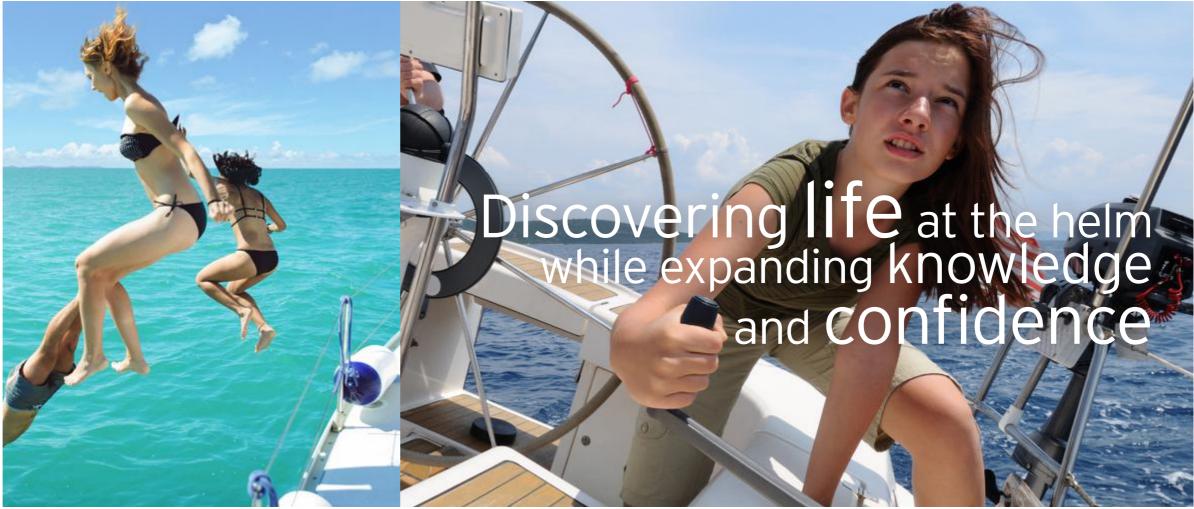
S tudents set sail as part of a pair of yachts, each with an experienced skipper, expert sailing instructor and Alphabet crew member. Every morning after breakfast they participate in a sailing lesson, acquiring knowledge that will be immediately put into action during the day as they navigate from island to island, setting the course, tacking, jibing, dropping the anchor for a swim or mooring at a marina for the night. Throughout the journey, students also take part in interactive lessons on marine life and cultural history to enrich their time in the water and trekking on land.



7'84-2-61

# Sailing Itinerary

tarting from the port of Nettuno, students set out on an incredible two week adventure taking in highlights including: the Pontine Islands (part of Circeo National Park) for snorkeling exploration; the island of Ventotene to discover the ancient Roman port; a night in Ischia dining in a true Neapolitan pizzeria; in and around Capri for a cultural expedition and a visit to the renowned Blue Grotto; a cruise along the Amalfi coast with a stop in Positano; and an inland excursion to the world famous archaeological site of Pompei before setting sail for the return voyage to Nettuno.

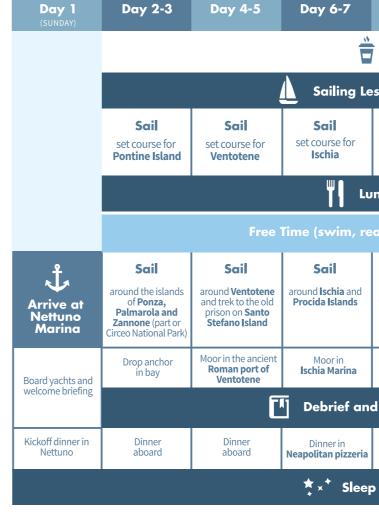


# English language and leadership skills

ur staff is made up of qualified mother tongue instructors and the whole experience is run entirely in English. From daily instruction on sailing basics to team projects and marine life workshops, all learning is rooted in experiential education with students enjoying a sense of achievement as they put their newly acquired skills to practice. Life aboard a yacht presents the perfect full immersion environment to develop communication and leadership skills which in turn strengthen relationships and build self-reliance. At the completion of the journey students are awarded a competent crew certificate together with memories to last a lifetime.

Taking into account the lessons and need to understand safety instructions, students are encouraged to have a minimum B1 level of English.





· This camp does not allow the possibility of participating in the optional excursion to Florence or Rome · Itinerary subject to change due to weather conditions

Day 8-9	Day 10-11	Day 12-13	Day 14 (saturday)
Breakfast			
sson & Briefin	g		
Scil set course for Capri	Scil set course for Amalfi Coast	Disembark for visit to <b>Pompei</b>	Zampers Leave
nch		Packed Lunch in <b>Pompei</b>	
ad, relax)		Visit <b>Pompei</b>	
Sail	Sail	Sail	
around <b>Capri</b> , see the <b>blue grotto</b> , go ashore for a visit	along the <b>Amalfi</b> <b>Coast</b> , stop in <b>Positano</b>	back to Nettuno Marina	
Drop anchor in <b>bay of Capri</b>	Drop anchor in bay	Moor in Nettuno Marina	
d project work			
Dinner aboard	Dinner aboard	Final dinner in Nettuno	
aboard			



## Program

Delivered all in English, the program has our international students participate in daily sailing lessons to acquire notions that are immediately put into action navigating from island to island, with every stop representing an exciting learning opportunity. Over their two-week sailing expedition the 14 to 17 year old crew will:



Take part in interactive lessons on marine life and snorkel in the Pontine Islands (part of **Circeo National Park**).



Visit the island of **Ventotene** to discover the harbor where the **ancient Romans** kept their fleet hidden.





Tour in and around **Capri** for a cultural expedition and a visit to the renowned Blue Grotto.

Go inland for a full day guided visit to the world famous archaeological site of **Pompeii**.

To top it all they will also spend a night in Ischia dining in a true Neapolitan pizzeria, and cruise along the **Amalfi coast** with a stop in Positano for a bit of shopping! An overall amazing experience that will give students solid nautical skills, greater historical knowledge, wider cultural awareness and familiarity with one of the World's most celebrated coastlines.

### The program does not require any previous experience.

## Price and Availability

Exceptionally priced at just €2.950 for this launch year!

July 2-15, **only five places available** July 16-29, **only six places available**